

# NICOLAS SOMMET

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## RESEARCH INTERESTS

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Achievement motivation • Competition • Multilevel models • Income inequality • Social Class

## EDUCATION

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Dec. 2014 **Ph.D. in Social Psychology** (dissertation: 6/6; defense: 6/6)

Department of Social Psychology, University of Lausanne (CH)

Supervisor: Pr. **Fabrizio Butera**

Committee: Pr. A. Clémence, Pr. C. Darnon, Pr. J. Harackiewicz, and Dr. A. Quiamzade

Jun. 2009 **Bachelor's and Master's Degrees in Social and Cognitive Psychology**

University Clermont Auvergne, Clermont-Ferrand II (FR)

## POSITIONS

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May 2020 – present **Lecturer Ambizione SNSF (Swiss National Science Foundation)**

National Centre of Competence in Research (NCCR) LIVES (CH)

Sep. 2016 – Apr. 2020 **Junior Lecturer**

Life Course and Inequality Research Centre, University of Lausanne (CH)

Oct. 2015 – Aug. 2016 **Post-Doctoral Fellow / Visiting Scholar**

Department of Psychology, University of Rochester (NY, USA)

Host Professor: Pr. **Andrew J. Elliot**

Sep. 2014 – Sep. 2015 **Post-Doctoral Fellow**

Faculty of Psychology and Sciences of Education, University of Geneva (CH)

Project managers: Pr. **Gabriel Mugny** & Dr. **Alain Quiamzade**

## KEY CONTRIBUTIONS

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- ◆ In four preregistered studies, I showed that living in an economically unequal countries predicts competitiveness and cooperativeness at school ([Sommet et al., 2022, J Educ Psychol](#))
- ◆ I showed that the negative effects of national and local income inequality on psychological health are limited to individuals facing financial scarcity ([Sommet et al., 2018, Psych Sci](#))
- ◆ I received an in-principle acceptance for a register report in *Nature Human Behaviour* to conduct large-scale replications of dozens of psychological effects of social class in 4 countries ([preprint](#)).
- ◆ I wrote a primer on multilevel logistic modeling which has 70'000 views and [280+ citations](#) ([Sommet & Morselli, 2017, IRSP/RIPS](#)); I recently published a second primer focused on linear modeling ([Sommet & Morselli, 2021, IRSP](#)).

## GRANTS AND AWARDS

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- 2021 [French National Research Agency \(ANR\)](#) (research partner) – EUR 192,358  
*From money scarcity to income inequality: How poverty affects cognitive attention and decision-making – COGPOV*
- 2019 [Swiss National Science Foundation \(SNSF\) Ambizione Grant](#) (PI) – CHF 611'696  
*The Effects of income inequality on psychological functioning*
- 2019 [SNSF Spark Grant](#) (with two co-applicants) – CHF 95'775  
*Advancing psychology of social class: A large-scale multi-country replication project*
- 2015 [Fellowship University of Lausanne/CHUV](#) (PI) – USD 70'650  
*The psychological consequences of social inequalities: The role of avoidance motivation*
- 2014 [Prix de la Faculté des SSP](#) – awarded for academic excellence (thesis)

## PEER-REVIEWED PUBLICATIONS

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### 2022

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32. Batruch, A.,\* **Sommet, N.,\*** & Autin, F.\* (2022). Advancing the psychology of social class with large-scale replications in four countries. Accepted for publication as a registered report (in-principle acceptance) in *Nature Human Behaviour*.  
\*The authors are co-first authors  
DOI: [10.31219/osf.io/yvxqb](https://doi.org/10.31219/osf.io/yvxqb) • [PDF](#) • [Material/Data/Scripts](#)
31. **Sommet, N.,** & Elliot, A. (2022). Opposing Effects of Income Inequality on Health: The Role of Perceived Competitiveness and Avoidance/Approach Motivation. Accepted for publication in *European Journal of Social Psychology*.  
DOI: [10.1002/ejsp.2884](https://doi.org/10.1002/ejsp.2884) • [PDF](#) • [Material/Data/Scripts](#)
30. Weissman, D. L., Elliot, A., & **Sommet, N.** (2022). Dispositional predictors of perceived academic competitiveness: Evidence from multiple countries. *Personality and Individual Differences*. Advanced online publication.  
DOI: [10.1016/j.paid.2022.111801](https://doi.org/10.1016/j.paid.2022.111801) • [PDF](#) • [Material/Data/Scripts](#)
29. **Sommet, N.,** & Elliot, A. J. (2022). The effects of U.S. county and state income inequality on happiness and self-rated health are equivalent to zero. *Quality of Life Research*.  
DOI: [10.1007/s11136-022-03137-8](https://doi.org/10.1007/s11136-022-03137-8) • [PDF](#) • [Material/Data/Scripts](#)
28. **Sommet, N.,** Weissman, D. L. & Elliot, A. J. (2022). Income inequality predicts competitiveness and cooperativeness at school. *Journal of Educational Psychology*.  
DOI: [10.1037/edu0000731](https://doi.org/10.1037/edu0000731) • [PDF](#) • [Material/Data/Scripts](#)
27. **Sommet, N.,** & Berent, J. (2022). Porn use and men's and women's sexual performance: Evidence from a large longitudinal sample. *Psychological Medicine*.  
DOI: [10.1017/S003329172100516X](https://doi.org/10.1017/S003329172100516X) • [PDF](#) • [Material/Data/Scripts](#)
26. **Sommet, N.,** & Spini, D. (2022). Financial scarcity undermines health across the globe and the life course. Accepted for publication *Social Science & Medicine*.

DOI: [10.1016/j.socscimed.2021.114607](https://doi.org/10.1016/j.socscimed.2021.114607) • [Preprint PDF](#) • [Material/Data/Scripts](#)

25. Morris, K., Bühlmann, F., **Sommet N.**, & Vandecasteele, L. (2022). The paradox of local inequality: Local contexts and meritocratic beliefs. *The British Journal of Sociology*, 73, 421-460  
DOI: [10.1111/1468-4446.12930](https://doi.org/10.1111/1468-4446.12930) • [PDF](#)
24. Capitanio, J., **Sommet, N.**, & Del Rosso, L. (2022). The relationship of maternal rank, 5-HTTLPR genotype, and MAOA-LPR genotype to temperament in infant rhesus monkeys (*Macaca mulatta*). *American Journal of Primatology*  
DOI: [10.1002/ajp.23374](https://doi.org/10.1002/ajp.23374) • [PDF](#) • [Material/Data/Scripts](#)
23. Darnon, C., **Sommet, N.**, Normand, A., Stanczak, A., & Désert, M. (2022). Orientation politique et soutien à l'innovation pédagogique : qui sont les plus réfractaires ? [Political orientation and support for pedagogical innovation: who resist the most?] *L'Année Psychologique / Topics in Cognitive Psychology*, 122, 231-246.  
DOI: [10.3917/anpsy1.222.0231](https://doi.org/10.3917/anpsy1.222.0231) • [PDF](#) • [Material/Data/Scripts](#)
22. Kim, Y., **Sommet, N.**, Na, J., & Spini, D. (2022). Social class—not income inequality—predicts social and institutional trust. *Social Psychological and Personality Science*, 13, 186-198.  
DOI: [10.1177/1948550621999272](https://doi.org/10.1177/1948550621999272) • [PDF](#) • [Material/Data/Scripts](#)

## 2021

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21. **Sommet, N.**, & Morselli, D. (2021). Keep calm and learn multilevel linear modeling: A three-step procedure using SPSS, Stata, R, and MPlus. *International Review of Social Psychology*, 34.  
DOI: [10.5334/irsp.555](https://doi.org/10.5334/irsp.555) • [PDF](#) • [Material/Data/Scripts](#)
20. Ehsan, A., **Sommet, N.**, Morselli, D., & Spini, D. (2021). Collaborative competence, social capital, and mental health: A cross-sectional analysis of a community-based intervention for older adults. *Journal of Community & Applied Social Psychology*, 31, 53–67.  
DOI: [10.1002/casp.2481](https://doi.org/10.1002/casp.2481) • [PDF](#)

## 2020

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19. Spanu, M., **Sommet, N.**, & Seca, J. M. (2020). The consumption of live music in different languages: a quantitative approach. *Arts and the Market*. 3, 165-185.  
DOI: [10.1108/AAM-04-2020-0007](https://doi.org/10.1108/AAM-04-2020-0007) • [PDF](#) • [Material/Data/Scripts](#)
18. Gordils, J., **Sommet, N.**, Elliot, A. J., & Jamieson, J. P. (2020). Racial income inequality promotes perceptions of competition and predicts negative interracial outcomes. *Social Psychological and Personality Science*, 11, 74-87.  
DOI: [10.1177/19201748550619837003](https://doi.org/10.1177/19201748550619837003) • [PDF](#) • [Material/Data/Scripts](#)

17. Eisner, L., Spini, D., & **Sommet**, N. (2020). A Contingent Perspective on Pluralistic Ignorance: When the Attitudinal Object Matters. *Journal of Public Opinion Research*, 1, 25-45.

DOI: [10.1093/ijpor/edz004](https://doi.org/10.1093/ijpor/edz004) • [PDF](#)

## 2019

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16. Butera, F., **Sommet**, N., & Darnon, C. (2019). Socio-cognitive conflict regulation: How to make sense of diverging ideas. *Current Directions in Psychological Science*, 28, 145-151.

DOI: [10.1177/0963721418813986](https://doi.org/10.1177/0963721418813986) • [PDF](#)

15. **Sommet**, N., Elliot, A. J., Jamieson, J. P., & Butera, F. (2019). Income inequality, perceived competitiveness, and approach-avoidance motivation. *Journal of Personality*, 87, 767-784.

DOI: [10.1111/jopy.12432](https://doi.org/10.1111/jopy.12432) • [PDF](#) • [Material/Data/Scripts](#)

14. **Sommet**, N., Nguyen, D., Fahrni, K., Jobin, M., Nguyen, H.-P., Sehaqui, H., & Butera, F. (2019). When and why performance goals predict exploitation behaviors: An achievement goal complex analysis of the selection function of assessment. *Motivation and Emotion*, 43, 266-284.

DOI: [10.1007/s11031-018-9742-y](https://doi.org/10.1007/s11031-018-9742-y) • [PDF](#) • [Material/Data/Scripts](#)

## 2018

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13. Butera, F., **Sommet**, N., & Toma, C. (2018). Confirmation as Coping with Competition. *European Review of Social Psychology*, 29, 299-339.

DOI: [10.1080/10463283.2018.1539908](https://doi.org/10.1080/10463283.2018.1539908) • [PDF](#)

12. **Sommet**, N., Morselli, D., & Spini, D. (2018). Income inequality affects the psychological health only of the people facing scarcity. *Psychological Science*, 29, 1911-1921.

DOI: [10.1177/0956797618798620](https://doi.org/10.1177/0956797618798620) • [PDF](#) • [Material/Data/Scripts](#)

11. Sheldon, K. M., **Sommet**, N., Corcoran, M., & Elliot, A. J. (2018). Feeling interpersonally controlled while pursuing materialistic goals: A problematic combination for moral behavior. *Personality and Social Psychology Bulletin*, 9, 1330-1349.

DOI: [10.1177/0146167218766863](https://doi.org/10.1177/0146167218766863) • [PDF](#) • [Material/Data/Scripts](#)

## 2017

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10. **Sommet**, N. & Morselli, D. (2017). Keep calm and learn multilevel logistic modeling: A simplified three-step procedure using Stata, R, Mplus, and SPSS. *International Review of Social Psychology*, 30, 203-218.

DOI: [10.5334/irsp.90](https://doi.org/10.5334/irsp.90) • [PDF](#) • [Material/Data/Scripts](#)

9. **Sommet**, N., Quiamzade, A. & Butera, F., (2017). How would Pyrrho have been socially valued? Social desirability and social utility of conflict regulation. *International Review of Social Psychology*, 30, 141-148.

DOI: [10.5334/irsp.88](https://doi.org/10.5334/irsp.88) • [PDF](#) • [Material/Data/Scripts](#)

8. **Sommet, N.,** Pillaud, V., Meuleman, B., & Butera, F. (2017). The socialization of performance goals. *Contemporary Educational Psychology, 49*, 337-354.  
DOI: [10.1016/j.cedpsych.2017.03.008](https://doi.org/10.1016/j.cedpsych.2017.03.008) • [PDF](#)
7. **Sommet, N.,** & Elliot, A.J. (2017). Achievement goals, reasons for goal pursuit, and achievement goal complexes as predictors of beneficial outcomes: Is the influence of goals reducible to reasons? *Journal of Educational Psychology, 109*, 1141-1162.  
DOI: [10.1037/edu0000199](https://doi.org/10.1037/edu0000199) • [PDF](#) • [Material/Data/Scripts](#)
6. Quiamzade, A., **Sommet, N.,** Burgos, J., L'Huillier, J.-P., & Guiso, L. (2017). "I will put my law in their minds." Social control and cheating behavior among Catholics and Protestants. *Journal for the Scientific Study of Religion, 56*, 365-382.  
DOI: [10.1111/jssr.12337](https://doi.org/10.1111/jssr.12337) • [PDF](#)

## **2013-2016**

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5. Buchs, C., Wiederkehr, V., Filippou, D., **Sommet, N.,** & Darnon, C. (2015). Structured cooperative learning as a means for improving average achievers' mathematical learning in fractions. *Teaching Innovation, 28*, 15-35.  
DOI: [10.5937/inovacije1503015B](https://doi.org/10.5937/inovacije1503015B) • [PDF](#)
4. **Sommet, N.,** Quiamzade, A., Jury, M., and Mugny, G. (2015). The student-institution fit at university: Interactive effects of academic competition and social class on achievement goals. *Frontiers in Psychology | Educational Psychology, 6*:769.  
DOI: [10.3389/fpsyg.2015.00769](https://doi.org/10.3389/fpsyg.2015.00769) • [PDF](#)
3. **Sommet, N.,** Darnon, C., & Butera, F. (2015). To confirm or to conform? Performance goals as a regulator of conflict with more-competent others. *Journal of Educational Psychology, 107*, 580-59.  
DOI: [10.1037/a0037240](https://doi.org/10.1037/a0037240) • [PDF](#)
2. **Sommet, N.,** Darnon, C., Mugny, G., Quiamzade, A., Pulfrey, C., Dompnier, B., & Butera, F. (2014). Performance goals in conflictual social interactions: Towards the distinction between two modes of relational conflict regulation. *British Journal of Social Psychology, 44*, 373-37.  
DOI: [10.1111/bjso.12015](https://doi.org/10.1111/bjso.12015) • [PDF](#)
1. **Sommet, N.,** Pulfrey, C., & Butera, F. (2013). Did my M.D. really go to University to learn? Detrimental effects of numerus clausus on self-efficacy, mastery goals and learning. *PLoS One, 8*, e84178.  
DOI: [10.1371/journal.pone.0084178](https://doi.org/10.1371/journal.pone.0084178) • [PDF](#)

## Currently in Revision

- Sommet, N.** & Elliot, A. J. (*sent for external reviews*). A competitiveness-based theoretical framework on the psychology of income inequality
- Sommet, N.**, Rudmann, O., Pillaud, V., & Butera, F. (*sent for external reviews*). Team performance goals and team performance: A multiconceptualization approach.
- Sommet, N.**, Weissman, D. L., & Elliot, A. J. (*sent for external reviews*). How many participants do I need to test an interaction? Conducting an appropriate power analysis and achieving sufficient power to detect an interaction.
- Chen, M., **Sommet N.**, Jopp, D., Spini, D. (*sent for external reviews*). Income-related inequalities in physical and cognitive health outcomes over the later life course: Longitudinal evidence from the U.S. (1992-2016)
- Chen, M., **Sommet N.**, Jopp, D., Spini, D. (*sent for external reviews*). Evolution of the health gap between rich and poor in old age: evidence from European and Chinese panel datasets.
- Vuletich H. A., **Sommet, N.**, & Payne, K. B. (*sent for external reviews*). The great migration and implicit bias in the northern United States.
- Elliot, A. J., Weissman, D. L., **Sommet, N.**, & Sarkar, A. (*sent for external reviews*). Achievement goals, social impressions, and interview likelihood: Motivation in the personnel selection process.
- Elliot, A. J., & **Sommet, N.** (*invited contribution, R&R*). Integration in the Achievement Motivation Literature and the Hierarchical Model of Achievement Motivation. *Educational Psychology Review*.

## BOOK CHAPTERS

6. Bühlmann, F., Morris, K., **Sommet, N.** & Vandecasteele L. (2022). Vulnerabilities in local contexts. To appear in D. Spini, & Widmer E. (Eds.), *Withstanding Vulnerability throughout Adult Life. Dynamics of Stressors, Resources and Reserves*. London, UK: Palgrave-McMillan.
5. Vandecasteele, L., Spini, D., **Sommet, N.**, & Bühlmann, F. (2021). Poverty and economic insecurity in the life course. To appear in M. Nico, & G. Pollock (Eds.), *The Routledge Handbook of Contemporary Inequalities and the Life Course* (pp. 15-26). Abingdon, UK: Routledge, Taylor & Francis Ltd.  
ISBN: [9781138601505](#)
4. **Sommet, N.**, Elliot, A. J., & Sheldon, K. M. (2021). Achievement goal complexes: Integrating the “what” and the “why” of achievement motivation. In R. W. Robin, & O. P. John (Eds.), *Handbook of Personality: Theory and Research (4th Edition)* (pp. 104–121). New-York, NY: Guilford Press.  
ISBN: [9781462544950](#) • [PDF](#)

3. Mugny G., Colpaert, L, Lalot, F., Quiamzade, A, & **Sommet**, N. (2017). Enjeux identitaires dans l'évaluation entre pairs : compétition sociale symbolique et menace de la compétence [Identity issue in peer review: Symbolic social competition and competence threat]. In C. Staerklé, & F. Butera (Eds.), *Conflits Constructifs, Conflits Destructifs. Regards psychosociaux* (pp. 67-84). Lausanne, Switzerland: Editions Antipodes.  
ISBN: [978-2-88901-123-0](#) • [PDF](#)
2. **Sommet**, N., & Elliot, A. J. (2016). Achievement Goals. In V. Zeigler-Hill and T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Cham, Switzerland: Springer.  
DOI: [10.1007/978-3-319-28099-8\\_484-1](#) • [PDF](#)
1. **Sommet** N., Darnon C., Butera F. (2011). Le conflit : une motivation à double tranchant pour l'apprenant [The conflict : A double-edged sword motivation for the learner]. In: Bourgeois E., Chapelle G. (Eds.) *Apprendre et Faire Apprendre* (pp. 283- 296). Presses Universitaires de France, Paris.  
DOI: [10.3917/puf.brgeo.2011.01.0285](#) • [PDF](#)

## THESIS

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**Sommet**, N. (2014, December). *A Picture of Performance Goals in the Social Plenum: The Interpersonal Antecedents and Consequences of Performance Goals* (Unpublished doctoral dissertation). University of Lausanne, Switzerland.  
[serval:BIB\\_9E9010867EA9](#) • [PDF](#)

## PRESENTATIONS

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### Invited talks

- Sommet**, N. (2022, December). *Black Poverty Lead White Americans to Blame Racial Inequality on Black Americans Themselves*. Colloque LINES / LIVES. University of Lausanne, Switzerland.
- Sommet**, N. (2022, December). *Comment conduire des analyses de puissance : des effets principaux aux effets d'interaction*. Séminaire de l'ADRIPS (Association pour la Diffusion de la Recherche Internationale en Psychologie Sociale). Online.
- Sommet**, N. (2021, November). *Power analysis and interactions: Problems and Solutions*. Scientific colloquium of the [Laboratoire de Psychologie Sociale et Cognitive \(LAPSCO\)](#), Université Clermont Auvergne, France.
- Sommet**, N. (2021, June). *Income Inequality fosters competitiveness at school*. Social, Economic, & Decision Science Colloquium of the [Center for Economic Psychology](#), University of Basel, Switzerland.

- Sommet, N.** (2020, December). *Inégalités de revenus et compétition perçue* [Income inequality and perceived competitiveness]. Scientific colloquium of the [Laboratory of Social Psychology](#), Paris Descartes University, France.
- Sommet, N.** (2016, October). *Inégalités économiques, compétition, et motivations* [Economic inequality, competition, and motivations]. [Annual Research Day of the Faculty of Social and Political Science](#), University of Lausanne, Switzerland.
- Sommet, N.** (2016, June). *Inégalité, compétition, et motivation* [Inequality, competition, and motivation]. Scientific colloquium of the [Laboratoire de Psychologie Sociale et Cognitive \(LAPSCO\)](#), Université Clermont Auvergne, France.
- Sommet, N.** (2014, October). *Performance goals in natural group settings*. Scientific colloquium of the [Department of Social Psychology](#), University of Geneva, Switzerland.
- Sommet, N.** (2013, March). *De l'émergence des buts d'accomplissement : Effets des politiques de sélection par numerus clausus et socialisation des buts* [On the emergence of achievement goals: Effects of selection policies using numerus clausus and goal socialization]. Scientific colloquium of the [Laboratory of Social Psychology](#), University of Lausanne, Switzerland.

## **Conferences**

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### *Organized symposia*

- Batruch, S., **Sommet, N.**, & Autin, F. (2022, July). Modèles théoriques de la psychologie des classes sociales : des effets généralisables au contexte français ? In Batruch, S., **Sommet, N.**, & Autin, F. (Chairs), *Psychologie des Classes Sociales* [Psychology of Social Class]. Symposium to be conducted at [the 14th International Congress of Social Psychology \(CIPS\)](#), Bordeaux, France.
- Sommet, N.**, & Butera, F. (2018, April). Highly selective exams, controlled regulation of performance goals and information sharing. In N. **Sommet**, F. Butera, A. J. Elliot (Chairs), *The “what” and “why” of achievement motivation: antecedents, consequences, and mechanisms of achievement goal complexes*. Symposium conducted at [the 2018 Annual Meeting of the American Educational Research Association \(AERA\)](#), New-York, NY.
- Sommet, N.**, Elliot, A. J., Jamieson, J., & Butera, F. (2017, September). Income inequality, perceived competitiveness, and approach-avoidance motivation. In N. **Sommet**, & G. Bollmann (Chairs), *From macro to micro: The manifold effects of context on social issues*. Symposium conducted at [the 15<sup>th</sup> Conference of the Swiss Psychological Society \(SPS SGP SSP\)](#), Lausanne, Switzerland.



*Oral communications*

- Cheng, M., Sommet, N., Kerac, M., Jopp, D., & Spini, D.** (2022, October). *Exposure to the Chinese famine of 1959-1961 at different life stages and risk of later-life chronic diseases: evidence from a life course perspective*. Paper presented at the [Society for Longitudinal and Life Course Studies \(SLLS\) 2022 International Conference](#), Cleveland, U.S.
- Cheng, M., Sommet, N., Jopp, D., & Spini, D.** (2022, October). *Age-as-leveler: Longitudinal evidence on income and later-life Health from Europe, U.S., and China*. Paper presented at the [Society for Longitudinal and Life Course Studies \(SLLS\) 2022 International Conference](#), Cleveland, U.S.
- Sommet, N. & Berent, J.** (2022, July) *Consommation de pornographie et performance sexuelle des hommes et des femmes : Résultats d'un étude longitudinale avec plus de 100'000 participant·es [Pornography consumption and sexual performance in men and women: Results of a longitudinal study with over 100,000 participants]*. Paper to be presented at the at [the 15<sup>th</sup> Conference of the Swiss Psychological Society \(SPS SGP SSP\)](#), Lausanne, Switzerland.
- Cheng, M., Sommet, N., & Spini, D.** (2022, June). *Early-life famine exposure and later-life multimorbidity: Longitudinal evidence from the Chinese famine of 1959-1961*. Poster presented at the [22nd World Congress of Gerontology and Geriatrics IAGG 2022](#), virtual, Argentina.
- Sommet N.**, (2022, May) *Income Inequality Fosters an Ethos of Competitiveness*. In A. Elliot & A. Wigfield (Charis), *"De-siloing" research on fundamental motivation constructs*. Symposium to be conducted at [the 14th Annual Meeting of the Society for The Science of Motivation](#). Chicago, IL, USA.
- Cheng, M., Sommet, N., Jopp, D., & Spini, D.** (2021, December). *Social inequality and aging trajectories: Longitudinal evidence from Europe, the U.S., and China*. Paper presented at UNIL-UNIPD Joint Workshop, Lausanne, Switzerland.
- Cheng, M., **Sommet, N.**, Jopp, D., & Spini, D. (2021, November). *Socioeconomic status and later-life health: Longitudinal evidence from Europe and China*. In Gateway to Global Aging (organizer), *Cross-national perspectives on health and well-being in later life*. Symposium conducted at the [Gerontological Society of America \(GSA\) 2021 Annual Scientific Meeting](#). Online.
- Morris, K., Bühlmann, F., **Sommet, N.**, & Vandecasteele, L. (2021, October). *The paradox of local inequality: Local contexts and meritocratic beliefs*. Paper presented at the [ECSR Online Conference Programme](#). Online.
- Cheng, M., **Sommet, N.**, Jopp, D., & Spini, D. (2021, September). *Socioeconomic Status and Later-Life Health: Longitudinal Evidence from the U.S*. Paper presented at [the 2021 Society for Longitudinal and Life Course Studies \(SLLS\) International Conference](#). Online.

- Sommet, N., & Elliot, A. J.** (2020, June). *The opposing effects of income inequality on health: the role of perceived competitiveness*. In G. B. Willis & R. Rodriguez-Bailon, *The economic inequality challenge: How social psychology can shed light on explaining its effects*. Symposium to be conducted (currently postponed) at [the 19<sup>th</sup> European Association of Social Psychology-General Meeting \(EASP-GM\)](#), Krakow, Poland.
- Ehsan, A.M., Spini, D., **Sommet, N.**, Morselli, D. (2018, November). *Social capital and depression: The case of a community-based intervention*. Paper presented at the [Swiss Public Health Conference 2018](#), Neuchâtel, Switzerland.
- Ehsan, A., Spini, D., **Sommet, N.** & Morselli, D. (2018, October). *Neighborhoods in Solidarity: The effect of a community-based intervention on social cohesion, empowerment, and depression*. Paper presented at [the 7<sup>th</sup> International Conference on Community Psychology \(CIPC\)](#), Santiago, Chile.
- Sommet, N.**, Elliot, A. J., Jamieson, J., & Butera, F. (2018, July). Inégalités de revenu, compétition perçue et motivation [Income inequality, perceived competition, and motivation]. In M. Jury & C. N. Aelenei, *Origine sociale, motivations et réussite académique*. Symposium conducted [at the 12<sup>th</sup> International Congress of Social Psychology in French \(CIPSFL\)](#), Louvain-La-Neuve, Belgium.
- Ehsan, A., Spini, D., **Sommet, N.** & Morselli, D. (2018, July). *Neighbourhoods in Solidarity: The effect of a community-based intervention on depression*. Paper presented at [the 4<sup>th</sup> International Conference on Social Identity and Health \(ICSIH4\)](#), Lausanne, Switzerland.
- Spini, D., **Sommet, N.**, Morselli, D., & (2018, June). *Only the financially vulnerable are affected in their health by contexts of income inequality*. Paper presented at the 16<sup>th</sup> International Conference on Social Stress Research, Athens, Greece.
- Gordils, J., Elliot, A. J., **Sommet, N.**, Jamieson, J. P. (2018, March). Racial Income Inequality and Intergroup Competition. Paper presented at [the 19<sup>th</sup> annual congress of the Society for Personality and Social Psychology \(SPSP\)](#), Atlanta, GA.
- Ehsan, A.M., Spini, D., **Sommet, N.**, Morselli, D. (2018, March). *Neighbourhoods in Solidarity: The effect of a community-based intervention on social cohesion, empowerment, and mental health*. Paper presented at [the 5<sup>th</sup> Journées internationales du CCOMS](#), Lille, France.
- Sommet, N.**, Elliot, A. J., Jamieson, J., & Butera, F. (2017, July). income inequality, perceived competitiveness, and approach-avoidance Motivation. In S. Godeau, & A. Normand (Chairs), *The deprived and the privileged: social class and inequality outcomes on cognition, motivation and achievement*. Symposium conducted at [the 18<sup>th</sup> EASP-GM](#), Granada, Spain.
- Fayant, M. P., **Sommet, N.**, Quiamzade, A., & Mugny, G. (2016, June). L'effet ascenseur s'explique par une réduction de la menace de l'auto-évaluation [Stereotype lift is

accounted for by a decrease in self-evaluation threat]. In C. Buchs & A. Quiamzade, *Menace identitaire et interdépendance négative*. Symposium conducted at [the 11<sup>th</sup> CIPSFL](#), Genève, Switzerland.

**Sommet, N., Fayant, M. P., Quiamzade, A., & Mugny, G.** (2015, September). *Stereotype lift: A deflection of self-evaluation threat?* Paper presented at the 14<sup>th</sup> Congress of [the SPS SGP SSP](#), Geneva, Switzerland.

**Sommet, N., Pillaud V. & Butera, F.** (2014, July). *Follow the (goal of) the leader: The dynamics of achievement goal socialization*. Paper presented at [the 17<sup>th</sup> General EASP-GM](#), Amsterdam, Netherland.

**Sommet, N., Pillaud V. & Butera, F.** (2014, May). *From soccer fields to university laboratories: Antecedents, mechanisms, and consequences of performance goal socialization*. In N. Van der Linden (Chair), *Persistence and success in doctoral studies*. Symposium conducted at [the Belgian Association for Psychological Science \(BAPS\)](#), KU Leuven, Belgium.

**Sommet, N., Pulfrey C. & Butera, F.** (2013, September). *Did my M.D. really go to university to learn? Detrimental effects of numerus clausus on self-efficacy, mastery goals and learning*. In K. Brinkmann (Chair), *Crossing motivational borders: motivation in the applied context*. Symposium conducted at the 13<sup>rd</sup> Congress of [the SPS SGP SSP](#), Basel, Switzerland.

**Sommet, N., Pulfrey C. & Butera, F.** (2013, June). *Did my M.D. really go to University to learn? Detrimental effects of numerus clausus on self-efficacy, mastery goals and learning*. In A. W. Kruglanski et al., *Motivational, affective, and cognitive sources of the knowledge-formation process*. [EASP Small Group Meeting](#), Kraków – Przegorzały, Poland.

**Sommet, N., Darnon, C. & Butera F.** (2012, September). *La compétence l'autrui, une menace? Buts de performance, compétence relative et régulation du conflit socio-cognitif. [Is others' competence a threat? Performance goals, relative competence, and socio-cognitive conflict regulation]*. Paper presented at the [Journées de réflexion sur le concept de menace](#), Université Paris Descartes, Paris, France.

**Sommet, N., Pulfrey, C. & Butera, F.** (2012, July). *À l'Université, mon médecin était-il motivé pour apprendre ? Effet des numerus clausus sur les buts de maîtrise [At University, was my M.D. motivated to learn? Effect of numerus clausus on mastery goals]*. Paper presented at [the 9<sup>th</sup> CIPSFL](#), Porto, Portugal.

**Sommet, N., Darnon, C. & Butera, F.** (2011, September). *Disagreeing with a more competent partner: The effect of expert power and performance goals on conflict regulation*. In M. Schmid Mast (Chair), *Social power and its impact in work settings*. Symposium conducted at the 12<sup>th</sup> Congress of [the SPS SGP SSP](#), Fribourg, Switzerland.

**Sommet, N., Darnon, C. & Butera, F.** (2011, July). Regulating conflict with a higher status partner: When performance goals matter. In J. Jetten, *Rebels in groups: Dissent, deviance, difference and defiance*. Symposium conducted at [the 16<sup>th</sup> EASP-GM](#), Stockholm, Sweden.

Darnon, C., Butera, F., & **Sommet, N.**, (2010, September). *Regulation du conflit sociocognitif et buts d'accomplissement* [Socio-cognitive conflict regulation and achievement goals]. Paper presented at the [Actualité de la Recherche en Éducation et en Formation \(AREF\)](#), Geneva, Switzerland.

#### Poster

Cheng, M., **Sommet, N.**, Kerac, M., Jopp, D., & Spini, D. (2022, November). Early-life exposure to the Chinese Famine of 1959–1961 and later-life health: Early life as a critical period. Poster presented at the [Gerontological Society of America \(GSA\) 2022 Annual Scientific Meeting](#), Indianapolis, U.S.

Cheng, M., **Sommet, N.**, & Spini, D. (2022, June, 2022). Early-life famine exposure and later-life multimorbidity: Longitudinal evidence from the Chinese famine of 1959-1961, Poster present presented at the IAGG Online World Congress. Online.

Quiamzade, A., **Sommet, N.**, Lalot, F., & Aubry, R. (2022) Of economic inequalities and upward social comparison: inspired to join the upper middle class and threatened by the despised 1%. Poster session presented at the 17<sup>th</sup> Congress of [the SPS SGP SSP](#), Zurich, Switzerland.

**Sommet, N.**, Pillaud, V., & Butera, F. (2013, January). *From university to video games: Dynamics of motivational socialization*. Poster presented at [the 14<sup>th</sup> annual congress of the SPSP](#), New-Orleans, LA, USA.

## **EDITING AND REVIEWING**

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### **Member of Editorial Board**

Jan. 2022 – Jan. 2025 [Learning and Instruction](#)

Jan. 2019 – Dec. 2022 [International Review of Social Psychology](#)

### **Reviewer for Scientific Journals**

[British Journal of Educational Psychology](#), [British Journal of Social Psychology](#), [Educational Psychology: An International Journal of Experimental Educational Psychology](#), [European Journal of Psychology of Education](#), [Frontiers in Psychology](#), [Group Processes & Intergroup Relations](#), [Instructional Science](#), [International Journal of Public Health](#), [International Review of Social Psychology / Revue Internationals de Psychologie Sociale](#), [Journal of Applied Social Psychology](#), [Journal of Educational Psychology](#), [LIVES Working papers](#), [Learning and Instruction](#), [Motivation and Emotion](#), [Motivation Science](#), [Personality and Social Psychology Bulletin](#), [Population Research and Policy Review](#), [Psychological Science](#), [Swiss Journal of Social Psychology](#), [Quality of Life Research](#), [The Inquisitive Mind \(In-Mind\)](#)

## **Reviewer for Grating Agencies**

*[Social Sciences and Humanities Research Council of Canada](#), [Israel Science Foundation](#)*

## **TEACHING**

### **Intervention in the NCRR LIVES doctoral program**

- Apr. 2021 / Nov. 2022 [Fixed-Effects Model, Event Analyses](#)  
6.5 hours, University of Lausanne (CH)
- Sep. 2021 [Multilevel Models, Structural Equations & Longitudinal Data](#)  
6.5 hours, University of Geneva (CH)
- Sep. 2018 [Vulnerability in Context: A Multilevel Perspective](#)  
6 hours, Divonne-les-Bains, France.

### **As a teacher**

- Autumn 2022 [Life Course and Vulnerability](#)  
66 hours × 1 semester  
Master Program, University of Lausanne (CH)
- Autumn 2019 [Introduction to Research Methods](#)  
18 hours × 1 semester  
Bachelor Program, University of Lausanne (CH)
- Aug. 2015 **Introduction to Multilevel Modeling**  
8 hours × 2 days  
Doctoral Program, University Blaise Pascal, Clermont-Ferrand II (FR)

### **As an assistant**

- Sep. 2016 – 2020 [Life Course and Vulnerability](#)  
66 hours × 4 semesters  
Master Program, University of Lausanne (CH)
- Sep. 2016 – 2020 [Mixed Methods in Education](#)  
56 hours × 4 semesters  
Bachelor Program, University of Lausanne (CH)
- Jan. 2011 – Jun. 2011 **Social Psychology - Research**  
28 hours × 1 semester  
Bachelor Program, University of Lausanne (CH)
- Jan. 2009 – Aug. 2014 [Dynamics of Motivation and Conflict](#)  
28 hours × 10 semesters  
Master Program, Swiss Federal Institute of Technology in Lausanne (CH)

*Total: 849 teaching hours*

### **Supervision**

- Jan. 2020 – present **Participation in the supervision of a PhD Student ([Mengling Chen](#))**

Funding: GlobalP3HS – The Global PhD Programme in Public Health Sciences of SSPH+ (EU Marie Skłodowska-Curie Actions in H2020)

Nov. 2020 – Aug. 2021 **Supervision of SNSF Junior Researcher ([Alfredo Rossi](#))**

Funding: SNSF Ambizione Grant

Sep. 2020 – Dec. 2020 **Supervision of a French In-Doc Student ([Nele Claes](#))**

Funding: Bilateral Korean-Swiss Science and Technology Program

Sep. 2019 – Dec. 2019 **Supervision of a South-Korean In-Doc Student ([Youngju Kim](#))**

Funding: Bilateral Korean-Swiss Science and Technology Program

Sep. 2016 – present **Supervision of several Student-Assistants/Research Assistants**

University of Lausanne (CH)

Fev. 2018 – Jun. 2018 **Supervision of a Student for a paid research internship**

Master Program (20%), NCCR LIVES (CH)

Sep. 2014 – Sep. 2016 **Master Thesis supervision**

“From stereotype threat to stereotype lift,” University of Geneva (CH)

## **PROFESSIONAL DEVELOPMENT**

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### **Research Stay**

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Mar.-May 2022 University of North Carolina at Chapel Hill Chapel Hill, NC  
Department of Psychology and Neuroscience  
Host professor: Pr. [Keith Payne](#)

### **Summer Schools**

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Jul. 2019 [Longitudinal Data Analysis](#)  
Essex Summer School in Social Science Data Analysis  
Pr. **Anja Neundorf**, University of Essex (UK)

Aug. 2014 [Social Identity, Influence, and Deviance in Groups](#)  
EASP Summer School  
Prs. **Michael Hogg** & Pr. **José Marques**, University of Lisbon (PT)

Jul. 2012 – Aug. 2012 [Applied Multilevel Models](#)  
ICPSR Summer School  
Pr. **Patricia McManus** & Pr. **Michael Vasseur**, University of Michigan (MI)

### **Doctoral and post-doctoral training**

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Mar. 2018 [R for Beginners](#)  
Dr. **Adrien Remund**

Feb. 2013 [Multilevel Analysis and Advanced Issues of SEM](#)  
Pr. **Bart Meuleman**

Oct. 2011 [Cooperative Learning and to Cooperative Controversy](#)  
Pr. **David Johnson**, Pr. **Roger Johnson**, & Dr. **Cary Roseth**

- Mar. 2011 [Data Analysis: An Approach by Model Comparison](#)  
Dr. Fabrice Gabarrot
- Jun. 2010 [Psychology of Attitudes](#)  
Pr. Blair T. Johnson

## INSTITUTIONAL COMMITMENT

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- Jul. 2022 – Jul. 2025 **Member of the Executive Committee of [the ADRIPS](#)**  
Webmaster
- Sep. 2019 – present **Elected Member of the Intermediary Body of My Institute**  
Corps des Assistant·e·s de l'ISS (CASSIS)
- Jan. 2020 – Jan. 2021 **Leading Member of a “Think-Tank” in My Institute**  
Aiming to address issues in thesis supervisions in the institute
- Jan. 2017 – Jun. 2020 [Organization of the cycle of seminars of my department](#)  
Life Course and Inequality Research Centre (LINES)
- Jan. 2017 – Jun. 2017 **Participation in the Organization of the University Open Days**  
[“Mystère de l'Unil”](#)
- Jan. 2016 – present **Full Membership | Association of Social Psychology**  
[EASP](#), [ADRIPS](#), [APA Division 15](#)

## OPEN SCIENCE

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- Aug. 2020 – present **Contribution to the large-scale replication and prediction market projects [SCORE](#) (i.e., taking care of one replication).**
- Jan. 2017 – present **For all my publications, systematic sharing of de-identified raw data, materials, and syntax files (see [my FigShare](#) and [OSF](#) pages).**
- Jul. 2019 – present **Acting as a consultant for a FORS Guide on pre-registration**
- Jan. 2020 **Involved in a workshop on data sharing in my department (21/01)**
- Jul. 2019 **Actively participating in [the SIPS 2019 Annual Meeting](#)**
- Jan. 2019 **Organizing of a workshop on replication in my department (29/01)**

## CONTACT REFERENCES

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UNILaPS, Bâtiment Géopolis #5785, CH-1015 Lausanne, Switzerland  
☎: +41 (0)21 692 32 48; ✉: [Fabrizio.Butera@unil.ch](mailto:Fabrizio.Butera@unil.ch)

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NCCR LIVES, Bâtiment Géopolis, CH-1015 Lausanne, Switzerland  
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Unité de Psychologie Sociale, Uni Mail #6138, 40 Bd du Pont d'Arve, Genève, Switzerland.  
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